

Rydw i yma i gofrestru gyda meddyg teulu. Mae gen i'r hawl i gofrestru gyda meddygfa a chael triniaeth.

- ✓ Gall unrhyw un yng Nghymru gofrestru gyda meddyg teulu i gael triniaeth
- ✓ Does dim angen imi gael cyfeiriad sefydlog na dull adnabod
- ✓ Gall unrhyw un yng Nghymru sydd wedi cofrestru gyda meddyg teulu gael presgripsiwn am ddim
- ✓ Mae gen i'r hawl i ofyn i ddarparwr gofal iechyd am gyfieithydd, a'r hawl i gael y gwasanaeth hwnnw **HEB UNRHYW GOST.**

I am here to register with a GP. I have the right to register and receive treatment from a GP practice.

- ✓ Anyone in Wales can register with a GP for treatment
- ✓ I do not need a fixed address or identification
- ✓ Anyone in Wales registered with a GP can get free prescriptions
- ✓ I have the right to request and be provided with an interpreter by healthcare providers **AT NO COST.**

Os oes gen i unrhyw broblemau, gallaf ffonio **111** yng Nghymru (rhif ffôn am ddim) neu **0845 46 47**.

Os byddaf angen rhagor o wybodaeth gallaf fynd i: <https://111.wales.nhs.uk/default.aspx?locale=cy> a <https://noddfa.llyw.cymru/iechydalles>

- Efallai y byddaf angen help i lenwi ffurflenni.
- Efallai y byddaf angen help i ddarllen a deall.
- Hoffwn siarad gyda rhywun yn gyfrinachol.

If I have any problems I can call **111** in Wales (which is free to call) or **0845 46 47**.

If I need more information I can visit: <https://111.wales.nhs.uk/> and <https://sanctuary.gov.wales/healthandwellbeing>

- I may need help filling in forms.
- I may need help reading and understanding.
- I would like to speak to someone confidentially.