



Violence Against Women, Domestic Abuse and Sexual Violence

As latest data has shown there has been a significant increase in Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV). Between 30 March and 20 April 2020 there was a 49% increase in the number of contacts to the Live Fear Free Helpline for Wales. People may reach out to those organisations providing services such as food banks and befriending schemes, however it is important that victims of VAWDASV are given expert support and guidance.

As a recipient of the Voluntary Services Emergency Fund it is important that you know what to do if you suspect or have been informed that someone is a victim VAWDASV.

Welsh Women's Aid have developed a Bystander Toolkit which you can follow to safely and effectively raise awareness and signpost members of the community to specialist support.

The Bystander Toolkit can be found here:

<https://www.welshwomensaid.org.uk/campaigning/covid-19-bystander-toolkit/>

There is more information on specific topics here:

[Do's and Don'ts – how to act safely and how to support](#)

[Safely Signposting to Support: Guidance on signposting and use of code-words during COVID 19](#)

[Safety and Self-Care information for Survivors](#)

[Information for Friends and Family](#)

[Information for Friends and Family \(Polish\)](#)

[Useful Numbers](#)

It is important to follow Welsh Government guidelines to carry out your activities safely. For the latest Welsh Government advice:

<https://gov.wales/coronavirus-covid19>